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Jack Osbourne became a household name in 2002 through MTV's groundbreaking reality TV show, *The Osbournes*. Today he is a devoted husband and father, an accomplished film and TV producer, and lives with a relapsing form of multiple sclerosis (RMS). In 2013, he even added finalist on a popular televised dancing competition *Dancing with the Stars* (he came in 3rd!) to his list of accomplishments.

When Jack was diagnosed with relapsing-remitting MS (RRMS), the most common form of MS, four years ago, he began a journey to better understand his disease – researching treatments, talking to doctors and other patients, changing his lifestyle and advocating for patients just like him. He quickly realized there were a lot of misperceptions about the disease. Since then he's been a passionate MS patient advocate, speaking out about the need for MS research and greater awareness.

As part of his MS advocacy, Jack partnered with Teva Neuroscience, Inc. to launch the campaign *You Don't Know Jack About MS*<sup>®</sup>, which is designed to dispel myths, educate and help empower people living with MS to manage their disease. The campaign, in its fourth year, was created for people living with MS and their loved ones. Through a variety of assets the multifaceted campaign site helps to show what it really means to live with MS, such as an online docu-series of webisodes chronicling Jack's life with MS, a blog from Jack and several members of his support group and downloadable resources. For more information about the campaign, please visit [YouDontKnowJackAboutMS.com](http://YouDontKnowJackAboutMS.com).

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## Jack Osbourne

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The youngest child of heavy metal icon Ozzy Osbourne and talent manager/TV personality Sharon Osbourne, Jack first caught America's attention on the hit reality show *The Osbournes*, which followed the adventures of Jack and his family. He's continued his work on television as the star of *Jack Osbourne: Adrenaline Junkie* (ITV2, 2005-2010) as well as *Haunted Highway* (2012). More recently, his ambitions have led him towards the roles of producer and host, and with the start of 2015, Jack launched his own production company, *Osbourne Media*. He also released a military-inspired baby product line called *Tier1Dad*. Jack is also starring in and producing a new TV show with his father on the History Channel called *Ozzy and Jack's World Detour*.

Jack was diagnosed with RRMS in 2012. The diagnosis came just three weeks after he and his wife, Lisa, had their first daughter, Pearl. Since his diagnosis, Jack has welcomed a second daughter, Andy, and now works as a passionate MS patient advocate, speaking out about the need for MS research and greater awareness.

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## Understanding Multiple Sclerosis

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MS is an autoimmune disease that attacks the body's own immune system and destroys the myelin sheath that insulates neurons in the brain and spinal cord. Disruption of communication between the brain and other parts of the body prevent normal passage of sensations and control messages, leading to the symptoms of MS.

Symptoms of MS may be mild, such as numbness in the limbs, or severe, such as paralysis or loss of vision. Approximately half of all people with MS experience cognitive impairments, such as difficulties with concentration, attention, memory and poor judgment, but at first such symptoms are usually mild and frequently overlooked. Depression is another common feature of MS.

The relapsing forms of multiple sclerosis are the most common types of MS. A person with RMS experiences attacks (also called relapses or exacerbations) of worsening neurological functioning, followed by periods of remission in which partial or complete recovery occurs.