

# FIVE QUESTIONS TO ASK YOUR NEUROLOGIST AT THE 5-YEAR MARK OF YOUR MS JOURNEY

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It can be challenging to cover everything during a doctor's visit so it's important to keep a list of the most important questions you want answered.

If you've been managing your MS for a while, you may have your bearings. However, research continues to advance in MS, so your questions have probably changed. The below questions will help you engage in meaningful conversations with your doctor to ensure your treatment and management plan continue to work for you. Print this out and bring it with you to your next appointment.

**1. Have there been recent developments or innovations associated with my current therapy?**

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**2. What are the biggest changes you've seen in the last 5 years?**

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**3. Are there any new guidelines or resources I should know about?**

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**4. Do you think that I need to take on a more active role in my treatment plan?  
What would you suggest?**

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**5. Where do you recommend looking for the most updated information or useful online tools?**

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