



KEY QUESTIONS

TO ANTICIPATE FROM MS PATIENTS AT THE FIVE-YEAR MILESTONE OF THEIR MS JOURNEY



Milestones are important for patients as a time to **assess and reflect on where they are in their MS journey**. It can be a helpful moment to reflect on everything they've learned and experienced since starting treatment. Using the five-year milestone is a great way to **gauge how they are doing** and use the moment to **congratulate the patient for their strength and determination**. The questions from patients will evolve and change over time as well, as patients have a clearer grasp on their disease and the day-to-day experience of living with MS. Some questions that you can expect to get from your patients include:

- Can we take a look back on the last 5 years of my treatment to **evaluate my status**?
- What are the differences between **symptoms that may be expected and signs my treatment is no longer working**?
- At this point in managing my MS, will my **treatment goals change** at all?
- How can I **manage symptoms** such as fatigue and cognitive challenges in my everyday life?
- Are there any **resources or groups** that can help answer my questions?

It's important to **be prepared for these questions in advance** to make sure that your patients are getting **clear answers**, in **easy-to-understand terminology**. The partnership between doctors and patients – particularly with MS care – is critical to the success of the patient. That's why it's often referred to as the MS care team – including the doctor, patient, advocacy group, friends, family and more. And as a team, there is so much more that can be accomplished.

For resources to address non-compliance challenges and ways to strengthen patient partnerships visit YouDontKnowJackAboutMS.com.

